

## Claims

[c1]

1. A physical-health tuning means comprising:

a bar magnet whose obverse side is an N pole and whose reverse side is an S pole, running lengthwise; and  
non-magnetic yet electroconductive wire; wherein  
said wire is arranged coiling said bar magnet in turns from one end to the other end of the magnet in the lengthwise direction.

[c2]

2. A physical-health tuning means as set forth in claim 1, further comprising:

a plurality of said bar magnets on each of which said wire is arranged coiling the magnet obverse face in right-hand turns from one end to the other end of the magnet in the lengthwise direction, said plurality of said bar magnets being disposed in a configuration forming a tubular hollow with the N-pole faces adjoining the S-pole faces in alternation; wherein  
said bar magnets are selected to have force of magnetic attraction strong enough to hold the magnets together in the tubular hollow configuration.

[c3]

3. A physical-health tuning means as set forth in claim 1, further comprising:

a plurality of said bar magnets on alternate ones of which said wire is arranged coiling the magnet obverse faces in right-hand turns from one end to the other in the lengthwise direction, and on the remaining ones of which said wire is arranged coiling the magnet obverse faces in left-hand turns from one end to the other in the lengthwise direction, said plurality of said bar magnets being disposed in a configuration forming a tubular hollow with the N-pole faces adjoining the S-pole faces in alternation; wherein  
said bar magnets are selected to have force of magnetic attraction strong enough to hold the magnets together in the tubular hollow configuration.

[c4]

4. A physical-health tuning means as set forth in claim 1, further comprising:

a plurality of said bar magnets on each of which said wire is arranged coiling the magnet obverse face in right-hand turns from one end to the other end of the magnet in the lengthwise direction; and  
a shaping support material; wherein

the plurality of magnets onto which said wire is coiled are disposed to form a tubular hollow with the N-pole faces adjoining the S-pole faces in alternation, and  
said shaping support material is put on the outside of said plurality of magnets onto which said wire is coiled.

[c5] 5. A physical-health tuning means as set forth in claim 1, further comprising:  
a plurality of said bar magnets on alternate ones of which said wire is arranged coiling the magnet obverse faces in right-hand turns from one end to the other in the lengthwise direction, and on the remaining ones of which said wire is arranged coiling the magnet obverse faces in left-hand turns from one end to the other in the lengthwise direction; and

a shaping support material; wherein  
the plurality of magnets onto which said wire is coiled are disposed to form a tubular hollow with the N-pole faces adjoining the S-pole faces in alternation, and  
said shaping support material is put on the outside of said plurality of magnets onto which said wire is coiled.

[c6] 6. A physical-health tuning means as set forth in claim 4, wherein said wire is wound onto a plurality of said bar magnets numbering at least four.

[c7] 7. A physical-health tuning means as set forth in claim 6, wherein said bar magnets are plate magnets.

[c8] 8. A physical-health tuning means as set forth in claim 4, wherein said wire and said shaping support material are copper filament.

[c9] 9. A physical-health tuning means as set forth in claim 4, wherein said wire and said shaping support material are a single continuous strand of non-magnetic yet electroconductive wire.

[c10] 10. A method for manufacturing a physical-health tuning means having a plurality of bar magnets whose obverse sides are N poles and whose reverse sides are S poles, running lengthwise, non-magnetic yet electroconductive wire,

and a shaping support material, the physical-health tuning means manufacturing method comprising:  
arranging the wire by coiling it in right-hand turns on the magnet obverse faces from one end to the other end of the bar magnets in the lengthwise direction;  
disposing the plurality of magnets onto which the wire is coiled to form a tubular hollow with the N-pole faces adjoining the S-pole faces in alternation;  
and  
putting the shaping support material on the outside of the plurality of magnets onto which the wire is wound.

[c11]

11. A method for manufacturing a physical-health tuning means having: (A) a plurality  $n$  of at least four bar magnets whose obverse sides are N poles and whose reverse sides are S poles, running lengthwise, (B) non-magnetic yet electroconductive wire, and (C) a shaping support material, the physical-health tuning means manufacturing method using a single strand of wire by which said (C) shaping support material continuous with said (B) wire has the same non-magnetic yet electroconductive properties, and comprising:  
winding the wire onto the obverse face of a first magnet among the  $n$  bar magnets, to coil the wire in right-hand turns from one end to the other of the magnet lengthwise;  
winding the wire where the turns onto the first magnet onto which the wire is wound end onto the magnet obverse face to coil the wire in right-hand turns from one end to the other of a second magnet lengthwise;  
winding the wire where the turns onto the second magnet onto which the wire is wound end onto the magnet obverse face to coil the wire in right-hand turns from one end to the other of a third magnet lengthwise;  
winding the wire where the turns onto the third magnet onto which the wire is wound end onto the magnet obverse face to coil the wire in right-hand turns from one end to the other of a fourth magnet lengthwise;  
likewise winding the wire onto any remaining magnets;  
preparing a cylindrical assembly by disposing the  $n$  magnets onto which the wire is wound, to form a tubular hollow with the N-pole faces and the S-pole

faces adjoining in alternation; and

using the wire continuously where the turns onto the *n*th magnet onto which the wire is wound end, winding the wire outwardly around the cylindrical assembly in coils to retain the shape of the cylindrical assembly.

[c12]

12. A method for tuning physical health utilizing a physical-health tuning means having a plurality of bar magnets whose obverse sides are N poles and whose reverse sides are S poles, running lengthwise, non-magnetic yet electroconductive wire, and a shaping support material, wherein the wire is arranged coiling the magnet obverse faces in right-hand turns from one end to the other end of the bar magnets in the lengthwise direction, and the plurality of magnets onto which the wire is wound are disposed to form a tubular hollow with the N-pole faces and the S-pole faces adjoining in alternation, and the shaping support material is put on the outside of said plurality of magnets onto which said wire is coiled, the physical-health tuning means use method comprising:

- (a) bringing a bearing compass near either end of the physical-health tuning means along a straight line parallel to its lengthwise direction and passing through the tubular hollow center point;
- (b) determining at which end of the physical-health tuning means the compass swings strongly in its north-pole direction;
- (c) targeting at a human body the end of the physical-health tuning means determined according to said step (b).

[c13]

13. A physical-health tuning means as set forth in claim 4, wherein an insertion body consisting of one selected from platinum, crystal fibers, a rhombohedral system crystalline substance, a calciferous substance, or a composition incorporating either a rhombohedral system crystalline substance or a calciferous substance is inserted into said tubular hollow.

[c14]

14. A physical-health tuning means as set forth in claim 13, wherein a procedure including the following (a), (b) and (c) is performed at least one time with and on the physical-health tuning means:

- (a) recording the physical-health tuning means as a picture on a graphic recording medium and preparing a print of the picture, or recording as a superimposition the picture recorded on the graphic recording medium at least one time onto the graphic recording medium, and preparing a print of the superimposed picture;
- (b) drawing out the insertion body from the insert-carrying physical-health tuning means, and after wrapping the insertion body with the print, burning the print, or burning the print nearby the insertion body; and
- (c) reinserting the insertion body.

- [c15] 15. A graphic recording medium on which the physical-health tuning means as set forth in claims 13 or 14 is recorded as a picture, and a print therefrom.
- [c16] 16. A graphic recording medium as set forth in claim 15, wherein said picture is recorded superimposed at least one time.
- [c17] 17. An acoustic recording medium on which sound issuing from the physical-health tuning means set forth in claims 13 or 14 is recorded.
- [c18] 18. An acoustic recording medium as set forth in claim 17, wherein said sound is recorded superimposed at least one time.
- [c19] 19. A method of using a physical-health tuning means, wherein one of:  
the physical-health tuning means set forth in claims 13 or 14; or  
a graphic recording medium, print therefrom, or acoustic recording medium set forth in claims 15 through 18;  
is set on a person's body.
- [c20] 20. A method of using a physical-health tuning means, wherein one of:  
the physical-health tuning means set forth in claims 13 or 14; or  
the graphic recording medium, print therefrom, or acoustic recording medium set forth in claims 15 through 18;  
is disposed in the four corners of a room.
- [c21] 21. A method of using a physical-health tuning means, characterized by

viewing the picture recorded on the graphic recording medium set forth in claims 15 or 16, or a print from said graphic recording medium.

[c22] 22. A method of using a physical-health tuning means, characterized by listening to the sound recorded on the acoustic recording medium set forth in claims 17 or 18.

[c23] 23. A physical-health tuning method comprising either the following steps (a) or (b) together with step (c), or each of steps (a), (b) and (c) together:  
(a) disposing directed at an electric-power-line concentration site the physical-health tuning means set forth in claims 13 or 14;  
(b) disposing nearby the electric-power-line concentration site the graphic recording medium, print therefrom, or sound recording medium set forth in claims 15 through 18;  
(c) using an electrical appliance powered by electricity supplied from the electric-power-line concentration site.

[c24] 24. A food-item preservation method comprising either the following steps (a) or (b) together with step (c), or each of steps (a), (b) and (c) together:  
(a) disposing directed at an electric-power-line concentration site the physical-health tuning means set forth in claims 13 or 14;  
(b) disposing nearby the electric-power-line concentration site the graphic recording medium, print therefrom, or sound recording medium set forth in claims 15 through 18;  
(c) using a refrigerator powered by electricity supplied from the electric-power-line concentration site, and preserving food items in said refrigerator.

[c25] 25. A fuel-consumption efficiency improvement method comprising either the following steps (a) or (b), or both steps (a) and (b) together:  
(a) disposing directed at an internal-combustion engine the physical-health tuning means set forth in claims 13 or 14;  
(b) sticking fast to the internal-combustion engine fuel tank the graphic recording medium, print therefrom, or sound recording medium set forth in claims 15 through 18.

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- [c26] 26. A water purification method comprising: immersing in water the insertion body set forth in claims 13 or 14.
- [c27] 27. A bathing method of putting an insertion body as set forth in claim 9 or 10 into a bathtub and bathing therein.
- [c28] 28. A method of using a print from a graphic recording medium as set forth in claim 15 or 16, including:
- (a) burning the print in the vicinity of one selected from malted rice, yeast and like leavenings, fermented soybeans and like foods containing soy-fermenting bacteria, beer malt, malt, yogurt and like foods containing milk-fermenting bacteria; and either the following (b) or (c), for tuning physical health:
  - (b) consuming the food selected for and subject to the process of step (a);
  - (c) placing the food selected for and subject to the process of step (a) on a body region that is burned, where pain is felt, or that is out of sorts.

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